

OUTDOOR PACKAGE

Summer 2017 - Val di Fassa



Monday:

MTB TEST TOUR ADULTS

Easy/intermediate MTB excursion along forest roads and single tracks with MTB instructors, who will evaluate your skills and suggest you the most appropriated excursion to do during the week.

Elevation gain: about 400m to pedal.

Meeting point: 9.30 a.m. Sport Check Point Canazei. Return: about 12.30 p.m.

Price: 20€, 18€ for Val di Fassa card owners. **Summer Outdoor Price: 5€**

Note: Please come to the meeting point with your own or rented bike (hire service available on request). Helmet compulsory.

Difficulty Level: EASY - ADULTS

MTB TEST DAY FOR CHILDREN AND YOUNGSTERS

Test day at the Skillpark in Canazei. Have fun with our instructors experiencing jumps, boardwalks and parabolics!

Children and youngsters can decide to take part to the weekly MTB courses.

Meeting point: ore 9.30 Sport Check Point Canazei. Return: about 12.30 p.m.

Price: 20€, 18€ for Val di Fassa card owners. **Summer Outdoor Price: 5€**

Note: Children must be able to ride a bike without training wheels. Children who want to learn riding without training wheels can take specific private lessons.

Difficulty Level: EASY - MIN. AGE 6 YEARS

MY FIRST VIA FERRATA with Mountain Guides

The Mountain Guides will lead you and teach you the right approach to the via ferrata, starting from the easiest and most panoramic routes of the valley, such as the Roda de Vael, in the group of Catinaccio, or the Bepi Zac, at San Pellegrino Pass.

Meeting Point: 8.00 a.m. Sport Check Point Pozza or Moena. Expected return: about 4.00 p.m.

Altitude gain: about 700m. Altitude loss: about 700m.

Price: 90€ per person, 10% discount with Val di Fassa card, includes via ferrata kit hire.

Summer Outdoor Price: 55€ per person.

Note: Excursion with a limited number of participants (max 4 persons). Lift ticket not included.

Difficulty level: INTERMEDIATE - MIN. AGE 10 YEARS

Tuesday:

WITH HEADLAMPS IN THE TRENCHES OF PADON with Mountain Guides

We will explore the First World War Trenches in the area of Padon equipped with helmets and headlamps. We will visit the Marmolada glacier accompanied by the Mountain Guides.

Meeting point: 9.00 a.m. Sport Check Point Canazei or 9.30 a.m. departure of Padon Chairlift at Fedaia Pass

Expected return: about 15.30 p.m. Altitude gain: 180m. Altitude loss: 500m

Price: € 25 adults, € 10 children (up to 12 years old). € 22 adults, € 9 children with Val di Fassa Card.

Summer Outdoor Price: 12€ adults, children for FREE (up to 12 years old).

Note: Lift ticket not included in the price.

Difficulty Level: EASY/INTERMEDIATE - MIN. AGE 8 YEARS

FITNESS DOLOMITES VIEW

Stretching and pilates exercises with a qualified instructor on the lawn near Malga Roncac, admiring our mountains at the end of the day that will give us a total well-being feeling.

Meeting point: 5.30 p.m. Planet Gym Moena. Finishes: 6.30 p.m.

Price: 10€, 9€ for Val di Fassa Card owners. **Summer Outdoor Price: FREE**

Note: Comfortable clothes. In case of rain the activity will be held in the gym.



Wednesday:

THE SELLA WATERFALLS with a PANORAMIC APERITIF

High altitude excursion across the woods to discover 3 spectacular waterfalls, we will then descend to Soracrepa where we will have a genuine aperitif in a traditional mountain hut, while enjoying a breathtaking view over the valley.

Meeting point: 9.30 a.m. Sport Check Point Canazei. Expected return: about 4.00 p.m.

Altitude gain: 200m. Altitude loss: 500m

Price: 25€ adults, 10€ children (10-12 years). 22€ adults, 9€ children for Val di Fassa card owners.

Summer Outdoor Price: 10€ adults, children for FREE un to 12 years.

Note: Aperitif included in the price, while lunch has an extra price. Lift will be used, the ticket is not included in the price.

Difficulty level: INTERMEDIATE - MIN. AGE 10 YEARS

DOWN ON THE FARM

Spend a day at the farm, meet our animals and take part in workshops. For children and adults. You will learn about the seasonal produce of the Val di Fassa and enjoy a meal which we will cook together.

Meeting point: 10.00 a.m. Soraga, Agritur Ciasa do Parè or Agritur Soreie (alternate weeks)

Expected return: about 3.00 p.m.

Price: 35€ adults, 20€ children (8-12). 32€ adults, 18€ children (8-12) for Val di Fassa Card owners

Summer Outdoor price: 25€ adults and 12€ children (8-12)

Note: Lunch and material for the activities are included in the price. Children must be accompanied by adults.

Difficulty level: EASY - EVERYBODY

AROUND THE MOUNTAIN DAIRIES POZZA - VIGO area (APT Val di Fassa activity for Val di Fassa Card owners)

Thursday:

LET'S BUILD OUR LITTLE SHELTER IN THE WOODS

Activity for children to learn how to build a little hut in the woods, discovering and developing manual skills in contact with nature. After a short walk from Pozza' surroundings, we will stop in a small corner of woods where we will learn to build a small wooden hut that will be our shelter for lunch. Activity in collaboration with Rasom Wood Technology

Meeting point: 10.00 a.m. Sport Check Point Pozza. Expected return: about 2.30 p.m.

Meanwhile parents will have the opportunity to relax at the nearby new **QC Terme Dolomiti**.

Price: 15€ children. 13€ for Val di Fassa Card owners. **Summer Outdoor Price: 5€ children.**

Note: This activity is reserved to children from 7 to 14 years old, bring your own packet lunch.

Discount for QC Terme entry included.

Difficulty Level: EASY - MIN. AGE 7 YEARS

ANCIENT FLAVORS AT THE MOUNTAIN HUTS

Full day excursion with gastronomic steps, you'll taste the typical local products and you'll enjoy a final lunch at the mountain hut (different itineraries by visiting the various huts in the Moena's surroundings).

Meeting point: 8.30 a.m. Sport Check Point Moena. Expected return: about 3.30 p.m.

Price: 25€ adults, 10€ children (10-12 years old). 22€ adults and 9€ children for Val di Fassa Card owners.

Summer Outdoor Price: 10€

Difficulty Level: EASY/INTERMEDIATE - MIN. AGE 8 YEARS

AROUND THE MOUNTAIN DAIRIES CAMPITELLO - ALBA area (APT Val di Fassa activity for Val di Fassa Card owners)

Friday:

HIGH ALTITUDE BREAKFAST AT SUNRISE

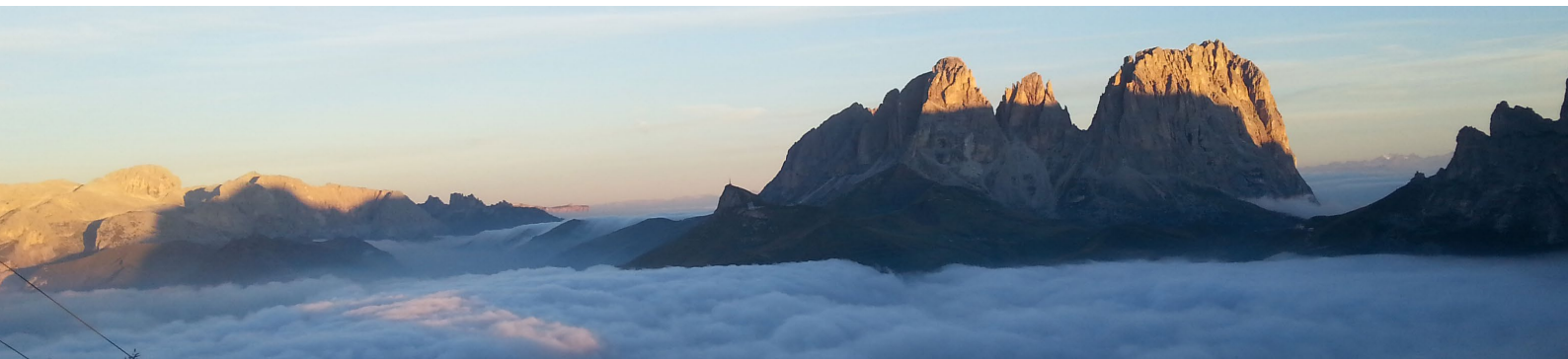
A unique opportunity to experience the sunrise on the Marmolada and other Dolomites peaks from up above. We will enjoy a delicious breakfast in a mountain refuge before walking dawn to the valley.

Meeting point: 4.30 - 5.00 - 5.30 a.m. (the meeting time varies according to the period) at the parking of Sass Pordoi cable car. Expected return: about 9.00 a.m. Altitude gain: about 150m

Price: 30€ adults, 20€ children (up to 12 years old). 27€ adults, 18€ children for Val di Fassa card owners.

Summer Outdoor Price: 18€. Rich buffet breakfast included.

Difficulty level: EASY - MIN. AGE 8 YEARS



HISTORICAL-NATURALISTIC WHOLE DAY EXCURSIONS

Every week the Val di Fassa Territorial Guides offer a different excursion to the most beautiful and scenic places of Moena, Passo San Pellegrino and the high Fassa Valley.

Meeting point: depending on the scheduled excursion. Expected return: about 3.30 p.m.

Altitude gain: about 400m, depending on the scheduled excursion.

Price: 25€ adults, 10€ children (10-12 years). 22€ adults, 9€ children for Val di Fassa card owners.

Summer Outdoor Price: 10€ adults, children for FREE up to 12 years.

Note: Eventual use of lifts is not included in the price.

Difficulty level: INTERMEDIATE - MIN. AGE 8 YEARS

AROUND THE MOUNTAIN DAIRIES SAN PELLEGRINO - LUSIA area (APT Val di Fassa activity for Val di Fassa Card owners)

Saturday:

EQUIPPED PATH LINO PEDERIVA AND SAN NICOLO' PASS

OR **AROUND THE SASSOLUNGO TOUR** (every other week) with our expert Mountain Guides.

Meeting: 8.30 a.m. Sport Check Point Pozza or Campitello. Expected return: about 4.30 p.m.

Altitude gain: about 400m. Altitude loss: depends on the excursion.

Price: 30€ adults, 27€ for Val di Fassa card owners. **Summer Outdoor Price: 15€**

Note: Trekking equipment and hiking shoes. Lift ticket is not included in the price. Packet lunch or lunch at a refuge.

Difficulty level: DIFFICULT - MIN. AGE 10 YEARS

THE GRATE WAR IN THE DOLOMITES

Excursion along the lines of the Italian front, visiting the tunnels and trenches in the area of Colifon at San Pellegrino Pass.

Meeting point: 8.30 a.m. departure of Costabella chairlift at S. Pellegrino Pass. Expected return: about 12.30 p.m.

Price: 15€ adults, 23€ for Val di Fassa card owners. 5€ children (10-12 years).

Summer Outdoor Price: 5€ adults, children for FREE up to 12 years.

Note: Lift ticket not included in the price

Difficulty level: INTERMEDIATE/EASY - MIN. AGE 8 YEARS

Sunday:

ADRENALINE DAY!

Easy rock climbing to live the mountain and the strong emotion it can give us. Rock climbing steps with breathtaking views, Tyrolean bridges suspended in the void and abseiling. An emotional and fun alpine experience in complete safe accompanied by the Mountain Guides.

Possibility to reach the starting point of this activity by bike (detail to be define on booking)

Meeting point: 8.45 a.m. Check Point Canazei. Expected return: about 3.00 p.m.

Price: 85€ adults, 55€ children. 80€ adults, 50€ children for Val di Fassa Card owners.

Summer Outdoor Price: 55€ adults, 35€ children.

Note: Max 5 persons per guide. Lift ticket or eventual bike rental non included in the price. Bring your own packet lunch.

Difficulty Level: INTERMEDIATE - MIN. HEIGHT 1.20m

SUNSET EXCURSION WITH DINNER AT THE MOUNTAIN HUT - Val Contrin

To live the mountain at night too...Evening excursion in the magic atmosphere of the sunset in the Dolomites. You will enjoy a delicious traditional dinner in a refuge and come back equipped with torches under a beautiful starry sky.

Meeting point: 4.30 p.m. Ciampac cable car parking in Alba di Canazei. Expected return: about 9.30 p.m.

Altitude drop: 400m

Price: 40€ adults, 25€ children up to 12 years old (menù kid), 37€ adults and 22€ children for Val di Fassa card owners.

Summer Outdoor Price: 30€ adults, 15€ children up to 12 years old (menù kid).

Note: prices include guide, traditional dinner and torchlight.

Difficulty level: INTERMEDIATE/EASY - MIN. AGE 7 YEARS

Summer Outdoor Price is dedicated to the guests of Sport & Outdoor accommodation facilities.

INFO & BOOKING at any Sport Check Point:

- **Canazei:** tel. +39 340 1147382

- **Campitello:** +39 0462 750490

- **Pozza:** +39 331 2989721

- **Moena:** +39 0462 565038

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